

Clinical Supervision and Clinical Supervision of Clinical Supervision

'You need to be able to regulate your own feelings in order to empathise with others'.

Decety, J. Sommerville, J.A. (2003).

An ethical and professional requirement of providing therapeutic and direct work to children is to undertake clinical supervision of your practice.

BAPT define Play therapy clinical supervision as

"A formal and mutually agreed relationship between two (Play) Therapists where the supervisor is a significantly more experienced and competent Play Therapist than the supervisee. The aim of this supervision is to monitor, develop and support the supervisee's Play Therapy practice. This supervision will be independent of all managerial relationships."

The clinical supervisors at Tiptoes have many years' experience of providing clinical supervision to BAPT play therapy students, qualified and registered play and filial therapists, BACP and UKCP psychotherapists as well as local authority therapeutic social workers, PPIU Police officers, residential therapeutic social workers and those working in the third sector.

Both individual and group supervision can be provided at a frequency and duration suited to the needs of the supervisees.

In addition, the needs of clinical supervisors of play therapy can be met by providing clinical supervision of clinical supervision.

The clinical supervision of child therapists from other therapeutic disciplines can also be accommodated, providing the governing or validating body approves this.

We use formal, creative and experiential means to help the therapists gain the most insight into their therapeutic relationship and sessions.

