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"Metaphors have a way of holding the most truth in the least space" **Orson Scott Card**

The Snug is our most complex and demanding room, despite its name. It requires an ability to self-regulate, introspect, play or think in the metaphor. This is a Jungian and Integrative Sandplay room that is helpful for children and young people who can regulate and have a manageable window of tolerance as well as therapeutic parenting, adult therapy, clinical supervision and consultation.























